

Nitrate-Free
No Preservatives



Healthy, Fresh &
Delicious!

Specialty Athletic Dinner Menus

PLEASE CHECK YOUR SELECTION. *All dinners come with either artisan breads and Butter*

BBQ Chicken Breasts

Roasted Sweet Potato
Green Beans Almandine
Organic Garden Salad with House Dressing

Marinated Chicken With Fresh Herbs

Toasted Farro and Wilted Kale with Lentils
Tuscan Black & White Bean Salad
Roasted Vegetables

Cilantro Lime Chicken

Black Beans and Rice with
Peppers & Onions
Plantains
Organic Garden Salad with House Dressing

**Vegetarian Black Bean Burgers on
Whole Wheat Burger Buns**

Feta with Roasted Peppers & Onion topping
Super Slaw with Kohlrabi, Brussel Sprouts & Kale
Fresh Garden Salad with Basil Vinaigrette

Beef Kebab Skewers with Peppers
& Onions

Mediterranean Pilaf
Green Beans with Tomato
Mixed Greens with House Dressing

Vegetarian Options

Marinated Tofu
Vegetarian Stuffed Peppers
Roasted Red Pepper Hummus
Black Bean Burgers
Quinoa Orzo, Tomato & Chickpea
Salad
Pasta Marinara w/ Roasted Vegetables

MENU PRICING IS ALL INCLUSIVE :

PAPER GOODS—EQUIPMENT -DELIVERY